

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Academy of Warren

Month and year of current assessment:

August of 2024

Date of last Local Wellness Policy revision:

February 5th, 2025

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.academyofwarren.net/departments/food-services/>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? At least twice a year

School Wellness Leader:

Name	Job Title	Email Address
Jason Gitler	Physical Education Teacher	jgitler@academyofwarren.net

School Wellness Committee Members:

Name	Job Title	Email Address
Carmen McCloud	Food Service Director	cmccloud@academyofwarren.net
Oronde Kearney	Superintendent	okearney@academyofwarren.net
Marlon Glenn	Principal	mglenn@academyofwarren.net
Nekishia Woods-Green	Vice Principal	nwoods@academyofwarren.net
Demetrius Brown	Dean of Students	dbrown@academyofwarren.net
Lindsay Imhoff	Title 1 Director	limhoff@academyofwarren.net
Shyler Brown	School Counselor	sbrown@academyofwarren.net
Renee Jenkins	Student Support Specialist	rjenkins@academyofwarren.net
Amy Watts	Assistant Office Manager	awatts1@academyofwarren.net
Madonna Draughn	Board Member	mdraughn0418@yahoo.com

Sabrina Williams	Resource Room Teacher	swilliams@academyofwarren.net
Nikia Flowers	Community Outreach Coordinator and Website Coordinator	nflowers@academyofwarren.net
Grace Martin	Executive Assistant	gmartin@academyofwarren.net

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

1. Nutrition Standards

- **Model Policy:** Ensures all school meals meet federal and state nutrition guidelines, including access to fresh fruits, vegetables, whole grains, and low-fat dairy. Limits sugary drinks and junk food.
- **AOW School's Policy:** Our school follows USDA Smart Snacks guidelines and promotes healthy eating habits.

2. Physical Activity & Education

- **Model Policy:** Requires daily physical education (PE) and opportunities for activity throughout the day (e.g., recess, movement breaks, after-school programs).
- **AOW School's Policy:** Our school meets or exceeds recommended PE minutes per week and encourages movement in classrooms.

3. Mental Health & Well-Being

- **Model Policy:** Provides mental health resources, counseling services, and programs promoting emotional well-being. Includes anti-bullying measures.
- **AOW School's Policy:** Our school offers peer support programs, or mindfulness initiatives.

4. Health Education & Staff Wellness

- **Model Policy:** Integrates health education into the curriculum and supports staff wellness programs.
- **AOW School's Policy:** Our school provides health education classes and wellness initiatives for teachers and staff.

5. Community & Family Engagement

- **Model Policy:** Encourages parent involvement, community partnerships, and wellness committees to oversee policy effectiveness.
- **AOW School's Policy:** Our school involves parents, students, and local organizations in wellness efforts.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Academy of Warren

Date: February 28th, 2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	<ul style="list-style-type: none"> a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed. 	Before the beginning of next school year.	<ul style="list-style-type: none"> - Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year. 	Principal	Teachers, staff and students	Yes
Improve accessibility to the fruit bar.	<ul style="list-style-type: none"> a) Keep the fresh fruit bar stocked and clean. b) Establish a rotation of different fruits. 	Start of the 2024-2025 school year.	<ul style="list-style-type: none"> - Fruit bar is stocked and clean on a daily basis. - Fruit bar offers different fruits every 1-2 every weeks. 	Food Service Coordinator and Team	Teachers and staff	Yes
Remove pop tarts from the students' morning breakfast.	<ul style="list-style-type: none"> a) Remove pop tarts b) Determine a food replacement c) Inform staff that pop tarts have been removed from all AOW breakfasts. 	Start of the 2024-2025 school year.	- Bagged breakfasts will no longer contain pop tarts.	Food Service Coordinator	Students	Yes
The addition of eggs or an animal protein, into the students' AOW diet.	<ul style="list-style-type: none"> a) lunch menu changes b) Removal and replacement of certain food choices. 	Start of 2024-2025 school year.	- Students begin consuming eggs or other animal protein.	Food Service Coordinator	Students	No
Teachers will post positive eating habit based posters in their classrooms.	<ul style="list-style-type: none"> a) Provide teachers with the poster for their classroom. b) Discuss the purpose and hopeful impact of the addition of the posters. c) Provide/Present to staff regarding the nutritional information behind the poster. 	Start of the 2025-2026 school year.	<ul style="list-style-type: none"> - Poster is visible all school year. - Students are able to talk about the meaning behind the poster. 	Physical Education Teacher	Teachers, staff and students.	No

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Students will have daily physical activity opportunities.	a) Provide students a schedule with recess and/or physical education. b) Provide teachers with techniques and strategies to incorporate movement within their classroom	Start of the 2025-2026 school year.	- Students are provided with a designated time for recess and/or physical education.	Physical Education Teacher	Staff and Students	No.
Students will have opportunities for after school physical activity programs.	a) Provide students with after school physical activity opportunities. b) A schedule of activities will be created and made available for students.	Start of the 2024-2025 school year.	- Students are aware and/or attend after school physical activity programs. - Students engage physical activity after school hours.	Principal	Students	Yes.

Teachers will frequently discuss with their class the importance of physical activity.	a) Provide teachers with information and resources to present to their classes. b) Teachers implement class discussion about the importance of movement and being physically active.	Start of the 2025-2026	- Class discussion is shown on teachers' lesson plans. - students are engaging in classroom discussions regarding physical activity.	Physical Education Teacher	Teachers and Students	No.
--	---	------------------------	---	----------------------------	-----------------------	-----

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Improve the diet and health of school children.	a) All foods and beverages for sale on school campus be researched and reviewed. b) Determine the nutritional value and its impact on improving the school children's diet and health.	Start of the 2025-2026 school year.	- Identify the foods and beverages that are for sale on campus. - All foods and beverages for sale on campus aim to improve children's diet and health.	Physical Education Teacher	Staff and Students	No
Provide information and resources to students regarding the nutritional value of their food and beverage options.	a) Provide teachers with lesson plan ideas and/or information for mini lessons to be based around, grade level appropriate. b) Teachers implement mini lessons bi-weekly to discuss with students proper nutrition.	Start of the 2025-2026 school year.	- Information is presented/provided to teachers. - Teachers are observed implementing mini lessons and/or class discussions, regarding proper nutrition.	Physical Education Teacher.	Staff and Students	No

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Improve the diet and health of school children.	a) All foods and beverages for sale on school campus be researched and reviewed. b) Determine the nutritional value and its impact on improving the school children's diet and health.	Start of the 2025-2026 school year.	- Identify the foods and beverages that are for sale on campus. - All foods and beverages for sale on campus aim to improve children's diet and health.	Physical Education Teacher.	Students	No

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Model healthy eating to support the development of lifelong healthy eating patterns.	a) Present/Display (assemblies) positive eating habits “reminders” around the school. b) Inform staff and students of the benefits of healthy eating and its true impact on a person’s being.	Start of the 2025-2026 school year.	- School hosts and displays assemblies and affirmations modeling lifelong healthy eating habits. - Present/provide information/professional development opportunities that support lifelong healthy eating habits.	Physical Education Teacher and Staff.	Students and Staff.	No.
Promote appropriate hydration for optimal performance.	a) All water fountains will be maintained on a regular basis. b) Discuss with staff and students the vital importance of proper hydration.	Start of the 2025-2026 school year.	- Communication and attention to the matter. - Professional development and other resources which support proper hydration.	School Staff, Maintenance.	Students and staff.	No
Presentation of food and beverages is appealing for the students.	a) Always stocked and cleaned, ready for use. b) food is prepared in a way that intrigues/encourages students to eat.	The 2024-2025 school year	- Food looks presentable and appealing. - Food is stocked and cleanliness is apparent.	Food Service Coordinator.	Staff and students.	Yes.